



SPHS Cross Country Schedule 2019-20

Date	Time	Site	Teams
Tue Aug 27	TBD	Forestview	Multiple
Tue Sep 3	5:00pm	South Mtn.	SWC Pre-Conference (ER - Host)
Tue Sep 10	5:30pm	York	Multiple (milesplit)
Tue Sep 17	4:00pm	Forestview	Gaston County Championship
Sat Sep 21	8:55am	McAlpine Park	Hare & Hounds Invitational
Tue Sep 24	4:00pm	Forestview	Multiple
Tue Oct 1	TBD	Stuart Cramer	Multiple
Tue Oct 8	TBD	Ashbrook	Multiple
Tue Oct 22	5:00pm	South Mtn.	SWC Conference Championship
Sat Nov 2	TBD	2A West Regional	2A Regional Teams
Sat Nov 9	TBD	2A State	State Qualifiers from Regional Meet

Head Coach: Kody Kubbs

Athletic Director: Kent Hyde

Principal: Gary Ford